



National Alliance on Mental Illness

**nami**

**Brazos  
Valley**

Teen Skills & Support Program

# Teen Support Group

- Every Thursday 6:30 - 8:00 PM
- Age group: 14 to 18  
(contact us for exceptions)
- Venue: NAMI Brazos Valley, 3705 South College Avenue, Bryan, Texas 77801
- Parallel support group for relatives  
(same time and venue)
- Phone number: 979-774-4713
- Email: [teen@namibv.org](mailto:teen@namibv.org)
- Website: [namibv.org/teen](http://namibv.org/teen)